



Our new clinic is located at 4005 NW Urbandale Drive in Urbandale. Please use this map and driving directions as a reference for your next appointment.

FROM I-35 EAST OR WEST

- Take the NW 86th Street Exit (Exit 129)
- Turn South onto NW 86th until you reach Douglas Ave. (1.5 miles)
- Turn Right onto Douglas Ave. and continue West for one mile
- Turn Right onto 100th St./NW Urbandale Dr.
- Continue 0.2 miles - Family Medicine of Urbandale is on the Right

FROM I-80 NORTH OR SOUTH

- Take the Douglas Ave. Exit (Exit 126)
- Turn East onto Douglas
- Turn Left onto 100th St./NW Urbandale Dr.
- Continue for 0.2 miles to Family Medicine of Urbandale